June 2022

Cardinal/Riverside/Laura Lee/LeBlanc/Molloy/Moody/ Washington/Adie Day **Elementary Lunch Menu**



-Shepherd's Pie with Dinner Roll

-Chef Salad with Flat Bread LG

-Ham and Cheese Sandwich

-Cucumbers and Carrots, Bananas and Apples

-Crispy Orange Chicken with Broccoli over Rice

-Pizza Platter

-Chicken Caesar Wrap

-Green Beans and Broccoli, Pears and Fresh Fruit Cup

3

-Cheese Pizza

-Chicken Ranch Salad with Flat Bread LG

-Ham and Cheese Sandwich

-Red Pepper Strips and Side Salad Apples and Bananas

-French Toast Stick and Chicken Sausage with Maple Syrup

-Greek Salad with Chicken and Flat Bread LG

-Tuna Salad Sandwich on a Bulkie Roll

-Maple Carrots and Green Bean -Apple and Pears

-Yogurt and Fruit Power Pack V

-Turkey and Cheese Sandwich

-Kickin Beans and Side Salad Oranges and Apples

-Country Popcorn Chicken Bowl with Dinner Roll

-Mediterranean Hummus Salad with Flat Bread LG V -Tuna Salad Sandwich on a Bulkie

Roll -Cucumber and Carrots Bananas and Apples

- Szechwan Chicken with Brown Rice

-Fruit and Yogurt Power Pack V

- Turkey and Cheese Sandwich

-Green Bean and Broccoli Pears and Fresh Fruit Cup 10

-Cheese Pizza

- Greek Salad with Chicken and Flat Bread LG

-Tuna Salad Sandwich on a Bulkie Roll

-Red Pepper Strips and Side Salad Bananas and Apples

13

-Chicken and Waffle Sandwich with Maple Syrup

-Mediterranean Hummus Salad with Flat Bread I G V

-Italian Sub

-Maple Carrots and Tater Tots Apples and Pears

14

-Beef Fajita Bowl

-Bagel Power Pack V

-Ham and Cheese Sandwich

-Kickin Beans and Side Salad Oranges and Strawberries

15

-Mac and Cheese

-Chef Salad with Flat Bread LG

-Italian Sub

-Cucumber and Cole Slaw Bananas and Apples

16

-Chili Popcorn Chicken Lo Mein

-HOTM: Chocolate Strawberry Platter V

-Ham and Cheese Sandwich

-Green Beans & Broccoli, Strawberries and Fresh Fruit Cup 17

-Cheese Pizza

-Mediterranean Hummus Salad with Flat Bread LG V

-Italian Sub

-Cucumber and Carrots Bananas and Apples

20

Juneteenth Day **NO SCHOOL**

21

-Pizza Crunchers

-Turkey and Cheese Sandwich

-Broccoli and Carrots, Apples and Pears

END OF DAY

SUMMER BREAK STARTS AT

Sun Butter & Jelly Offered Daily Fresh Fruit offered daily

Milk: Skim, 1% White

Locally Grown

Vegetarian

Check out https://lowellk12ma.nutrislice.com/ for Menu's, Nutrition Education & Monthly Promotions Check out our accounts on Social Media: LPSD- Food &Nutrition

Instagram: lpsdfoodandnutrition

All students eat at no cost!

Menus are subject to change

